# The Hagerstown Parkinson's Support Group

Hagerstown, MD and the Four-State Area

### **Monthly Newsletter**

**July 2011** 

#### Recap of June's Meeting

Thanks to all who attended our June meeting. Although the number of members was lower than usual we had several new attendees to offset.

The main thrust of this meeting was to get to know each other a little better. We went around the room and introduced ourselves and talked about our medicines, doctors, symptoms, and when the patient was diagnosed. Members also took the opportunity to review and correct our membership listing, adding phone numbers and email addresses where appropriate.

A draft, tri-fold brochure to be used to "market" our support group when it is completed was presented. Members were given a copy of the draft and asked to provide comments at the July meeting.

A Hagerstown Parkinson's Support Group Website has been opened by Art Guyer. It is still under construction, but usable. Access this site using the URL in the header of this newsletter. For those of you with internet access, we would appreciate any comments you have on the site and its content. Use the "Contact Us" form on the site.

We also briefly discussed a support website, <a href="www.caringbridge.org">www.caringbridge.org</a>. A free, personal and private website that connects people experiencing a significant health challenge to family and friends.

The Hagerstown Parkinson's Support Group Contacts:

Kathy Lanham @ Homewood: 301-582-1750

Group Facilitator, Art Guyer: 240-625-2722

Visit Our Website at: www.fareshare.net/Parkinsons/

**July's Meeting Topic** 

Join us for our Parkinson's Support Group Meeting At Homewood at Williamsport

## Thursday, July 7<sup>th</sup>

During our July meeting we will split into two groups to discuss the roles of the caregiver and the patient.

Lunch will be served at 1:30 PM Followed by a meeting at 2:30 PM

Our meetings are held at the Hilltop Assisted Living Facility.

Please call for information and directions:

Kathy Lanham @ Homewood 301-582-1750

No reservation is needed.

Welcome to our first
Newsletter. We hope to
improve communications
and support with this
format. Let us know what
you think.

The Hagerstown Parkinson's Support Group meets at and is supported in part by:



16505 Virginia Avenue Williamsport, MD 21795 301-582-1750 Volume 1, Issue 1

#### **Upcoming Events**

Jun 20, 2011 (6:00 PM – 7:30 PM) Sep 30, 2011 (2:00 PM – 3:30 PM) Dec 05, 2011 (6:00 PM – 7:30 PM)

Deep Brain Stimulation Information Sessions – NPF & Johns Hopkins

Contact: 410-995-8795

### Jul 28, 2011 (4:00 PM - 5:00 PM)

Deep Brain Stimulation Session – Medtronic & Antietam Neurology Center, Hagerstown, MD RSVP: 301-797-1900

#### Sep 26, 2011 (12:30 PM - 5:00 PM)

Parkinson's Disease 201: "Managing Care" -- Johns Hopkins Contact: 410-995-8795

#### Nov 12, 2011 (8:00 AM - 4:00 PM)

Mid-Atlantic Parkinson's Symposium Martinsburg Parkinson's Support Group & Johns Hopkins Contact: 304-886-8594

Please let us know of any other events you would like to see publicized.

UNSUBSCRIBE: If you no longer wish to receive this newsletter, please email: aquyer42@myactv.net

Or

Call: Kathy @ Homewood 301-582-1750