# The Hagerstown Parkinson's Support Group

Hagerstown, MD and the Four-State Area

# **Monthly Newsletter**

January 2012

#### **Recap of Survey**

We received 12 completed survey forms out of a potential 50. Everyone liked this newsletter; a few indicated they might contribute. Most are happy with lunch arrangements; 6 prefer the sit-down service and 2 would prefer serve-yourself. All indicated speakers and topics were appropriate. Nine indicated they would participate in some kinds of additional routine social activities. Only 1 member indicated a willingness to assist in the administrative functions of our group.

More information and details are attached to this newsletter. Please call or email me if you have a question about the survey.

# Have a nice Holiday!

# NOTICE OF MEETING TIME AND LOCATION CHANGE

Beginning in March 2012, we will meet in the Community Center, Dining Room 1 at 1:00 PM

The Hagerstown Parkinson's Support

**Group Contacts:** 

Kathy Lanham @ Homewood:

301-582-1750

Group Facilitator, Art Guyer:

240-625-2722

Visit Our Website at:

www.fareshare.net/Parkinsons/

#### March Meeting

Put this on your calendar! Join us for our Parkinson's Support Group Meeting At Homewood at Williamsport

## Thursday, March 1, 2012

Speaker to be Announced.

### **New Time and Place!**

Our meetings will be held at the

Community Center, Dining Room 1 At 1:00 PM at Homewood at Williamsport.

Please call Kathy Lanham @ Homewood 301-582-1750 for directions

Reservations are not needed.



The Hagerstown Parkinson's Support Group meets at and is supported in part by:



16505 Virginia Avenue Williamsport, MD 21795 301-582-1750 Volume 2, Issue 1

#### **Upcoming Events**

Future Meeting Speakers and Topics

Sharon Wilson, Marathon Runner John E. Provo, Lecturer Candice Valencia, Senior Yoga Becky Dunlop, Johns Hopkins

Educational Activities Nothing currently available.

Please let us know of any events you would like to see publicized.

# **LUNCHES**

We have been advised the drug company which has paid for our lunches over the past several years, will no longer provide that support. Read more about this on page 2.

UNSUBSCRIBE: If you no longer wish to receive this newsletter, please email: aguyer42@myactv.net

Or

Call: Kathy @ Homewood 301-582-1750

## The Hagerstown Parkinson's Support Group **Monthly Newsletter** Page 2

Paying for Lunch

(From Page 1)

We have been advised that next year the drug company that paid for our lunches over the past several years, will no longer provide that support.

Homewood has indicated it would cost us about \$8 per person to continue the lunch service.

There, of course, are other alternatives to this, including looking for support elsewhere, taking our meetings off campus, or discontinuing having lunch preceding our meetings.

All of the alternatives will require help from you to implement. As a facilitator I can help you get together, focus on the issues, and reach reasonable decisions, but hesitate to decide for you.

[Continued in next column.]

Paying for Lunch

(From Previous Column)

#### Next Steps:

Call or email me your thoughts about this issue during the next two weeks. I would like to meet with a few of you in mid-January to discuss these and other options or feedback I get from members during the next two weeks. When you contact me let me know if you are willing to meet on this matter.

This is not a decision I want to make on my own. I must have your thoughts and your help in implementing a course of action. Also, realize the meeting information on page 1 could change as a result of a decision to change how we handle lunch.

I will keep you informed as we proceed.

Art Guver 240-625-2722 aquyer42@myactv.net

> Want to contribute a short relevant article for the newsletter? Contact Kathy Lanham or Art Guyer.

January 2011



Doris and I wish you happy holidays and a successful new year.